partnership....pampered chef

Independent Consultant—Diana Askew

This program is designed to help and provide you with ready to cook dishes that you prepare in advance so that all you have to do is heat it up! All students will participate in the hands on cooking



Class limited to 20 participants.

Dates:

Saturday, January 14, 2017—Small Meal Prep Saturday, February 11, 2017—Protein Saturday, March 4, 2017—Casseroles Saturday, April 1, 2017—Large Meal Prep Saturday, May 6, 2017—Desserts

Time:

10 am to Noon

Cost: \$40 per person includes recipes, handouts and meals for a family of 4.

Some classes participants will be responsible to bring main ingredients.

Location— Caillier Cajun Snack Shack 34041 U.S. 96 S. Buna



Register by January 2, 2017 by calling the Extension Office at 384-3721

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