partnership.... pampered chef

Independent Consultant—Diana Askew

This program is designed to help and provide you with ready to cook dishes that you prepare in advance so that all you have to do is heat it up! All students will participate in the hands on cooking



Class limited to 20 participants.

Dates:

Tuesday, August 15, 2017—Small Meal Prep Tuesday, September 19, 2017—Protein Tuesday, October 17, 2017—Casseroles Tuesday, November 14, 2017—Leftover/ Make Over

Time:

6:30 pm to 8:30 pm

Cost: \$25 per person includes recipes, handouts and meals for a family of 4.

Some classes participants will be responsible to bring main ingredients.

Location-Jasper County Extension Office (Courthouse Annex)

271 East Lamar Street, Jasper



Register by August 4, 2017 by calling the Extension Office at 384-3721

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