

TEXAS A&M AGRI LIFE EXTENSION



JASPER COUNTY EXTENSION NEWSLETTER

W I N T E R 2 0 1 8 N E W S L E T T E R



HAPPY NEW YEAR 2018

We hope that everyone had a pleasant holiday season, that Santa was good to you and that the new year will hold good things for you and your family.

There are a lot of programs coming up in the new year, as our newsletter will tell you. There are programs being offered in many categories throughout the year.

You can always go to our Jasper County Extension website to check our calendar and see what upcoming events are going on. If you find you are interested, feel free to call our office any time and we will be more than happy to sign you up!

YOU CAN REACH US AT
409-384-3721 .



Brock Fry

CEA AG/NR agent

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Cindy VanDevender

CEA Family &

Community Health

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Texas A&M Agrilife

271 E Lamar, Ste 101

Jasper, Texas 409-384-3721

The Extension
Office will
be closed on
Monday, Feb 19th
in observance of
Presidents' Day



OUR SPONSORS

Texas Farm Bureau—Kirbyville

409-423-2291

Jasper County

Tractor

James Dean & Kevin Dean, 409-384-7523

Jackson Packing Company

Jaybo Jackson

409-385-4573

Southeast Texas Hay Services

Wade Hardy & Orman Whitehead

Isabell Farms, Angus Cattle

Gene Isabell

409-423-1466 or

381-0312

Gene Isabell, Jr, M.D.

Beaumont Bone & Joint

409-838-0346

Glenn White Ag Products

409-384-9075

The Kirbyville Barn

Ryan Andrews

409-420-0300

SILVERHORN RANCH

Michael Horn

713-569-3028

CIRCLE THREE FEED

409-384-5860

C BRYAN FEARS, ATTY @ LAW

866-705-7584

TEXAS AGRICULTURE LOSSES FROM HURRICANE HARVEY ESTIMATED AT MORE THAN \$200 MILLION

COLLEGE STATION—Hurricane Harvey, which decimated parts of South Central Texas and the upper Gulf Coast, caused more than \$200 million in crop and livestock losses, according to Texas A&M AgriLife Extension Service economists.

“The effects of Hurricane Harvey will linger for quite some time with our Texas farmers and ranchers,” said Dr Doug Steele, agency director in College Station. “Many South Tex-

as or coastal area cotton farmers were on the verge of harvesting one of the best crops ever in Texas, while some ranchers were unable to save some cattle from insurmountable flood waters.

However, the livestock losses could have been far worse had it not been for the many cooperating associations that joined forces with AgriLife Extension to establish animal supply points in the impacted areas, provid-

ing livestock with fresh hay and feed donated from across Texas and from generous individuals in neighboring states.”

Hurricane losses by agricultural commodity include:

- Livestock: \$93 million
- Cotton: \$100 million
- Rice & soybeans \$8 million



for more on this visit <https://agrilifeextension.tamu.edu>

SIGN UP SOON! LIMITED SPACE AVAILABLE!

Adult Quilting Making Class



6 month quilt making course starting February.
In this 6 months course, you will learn all the basics of quilt making.
Topics covered—Rotary cutting, Machine stitching, Building quilt blocks and Binding
Skill levels—From complete beginners in sewing and quilt making to those with some experience.

Dates—Mondays
February 26th, March 26th,
April 23d, May 21st, June
25th, and July 23rd

Time—
5:30 pm to 7:30 pm

Register—
Contact the Extension Office at
409-384-3721 to reserve a spot
by February 1st

Cost—
\$60.00
(deposit \$15 required)
Min 5—Max 12 people

Location—
Jasper County Courthouse Annex (271 East Lamar St., Jasper, Texas 75951)

TEXAS A&M
AGRI LIFE
EXTENSION

Person needing auxiliary services need to contact Texas A&M AgriLife Extension—Jasper County office at 409-384-3721 by February 1st.

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.
 The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating



MASTER GARDENERS CLASSES

STARTING MARCH 5, 2018

THE FIRST CLASS WILL BE HELD ON

MONDAY, MARCH 5, 2018 @

ST. MICHAEL'S CATHOLIC CHURCH

2898 US HWY 190, JASPER, TEXAS

STARTS AT 6:00 p.m.

IMPORTANT
NOTICE



**DO WELL
BE WELL**

TEXAS A&M AGRILIFE EXTENSION

Jasper County

DATE: THURSDAY'S —

JANUARY 11, 2018 TO

FEBRUARY 15, 2018

Do Well, Be Well with Diabetes.....

is an educational program to help people with type 2 diabetes learn the skills they need to understand and manage their diabetes, to reduce their risks for complications, and to attain their highest possible level of wellness.

This program aims to help people control their diabetes rather than letting the disease control them.

LOCATION:

NEHEMIAH
FAMILY LIFE
CENTER
640 POLLARD ST
JASPER, TX 75951

TIMES: 9 AM TO NOON

1. **Getting Started: How Food Affects Your Blood Glucose**
2. **Are You Eating the Right Number of Carbohydrates? Let's Find Out**
3. **Beyond the Diet: Improving Your Blood Glucose Control with Physical Activity**
4. **Beyond Diet and Physical Activity: Improving Your Blood Glucose Control with Medication**
5. **Celebrating Diabetes Control While Avoiding Complications: Having Your Cake (or Snack) and Eating It, Too!**

TEXAS A&M
**AGRILIFE
EXTENSION**

REGISTRATION:

CALL THE
GARMENT OF PRAISE
COMMUNITY OUTREACH
BY
JANUARY 4, 2018
AT 409-594-4267 OR
409-594-5205 OR
409-382-7750.

COST:

\$10 PER PERSON
(PAYABLE \$2 A WEEK)
LIMITED SCHOLARSHIPS
AVAILABLE IF YOU QUALIFY
TO COVER COST OF
CLASS.

Community Partnership:



Garment of Praise
Community
Outreach

Amerigroup

An Anthem Company

Consolidated
First Choice
Home Health, Inc.



Person needing auxiliary services need to contact Texas A&M AgriLife Extension-Jasper County office at 409-384-3721 within 5 working days prior to program.

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

TEXAS A&M
AGRI LIFE
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A food handlers course accredited by the Texas Department of State Health Services is being offered by Texas A&M AgriLife Extension Service

This 1-2-hour course will now be required for all food service employees to help promote the service of safe food.

The certificate is good for 2 years and is valid anywhere in the State of Texas.

The course is a basic overview of food safety practices that are necessary to ensure that safe food is served at your establishment. Practices discussed include good personal hygiene, cross contamination, and time and temperature abuse.

Beginning January 1, 2014 an owner of a Cottage Food business is required to have a food handler's card from a state accredited program.

In Texas, the Cottage Food Law allows residents to prepare and sell specific foods from an unlicensed residential (home) kitchen. This course is designed to help people who want to start a cottage food production operation out of their residence.

FOOD HANDLERS & COTTAGE FOOD LAW CLASSES

The class is taught in English but Spanish handouts are available if requested in advance.

LOCATION:

Jasper County Extension Office

271 East Lamar Street
Suite 101
Jasper, Texas 75951

Phone: 409-384-3721
Fax: 409-384-5949
c-vandevender@tamu.edu

Two different times these classes will be offered..... **9 am to Noon or 4 pm to 6 pm**

- ♦ January 8th—Food Handlers
- ♦ February 5th— Food Handlers/Cottage Food Law
- ♦ April 2nd—Food Handlers
- ♦ May 7th—Food Handlers/Cottage Food Law
- ♦ July 2nd—Food Handlers
- ♦ August 6th—Food Handlers/Cottage Food Law
- ♦ October 1st—Food Handlers
- ♦ November 5th—Food Handlers/Cottage Food Law

To register for the course, call the Extension office **a week before class** at **409-384-3721**.

The cost is \$20.00 per person and must be paid in full before the course begins.

Person needing auxiliary services need to contact Texas A&M AgriLife Extension—Jasper County office at 409-384-3721 within 5 working days prior to program.

THERE'S NOTHING BETTER THAN A GOOD HEALTHY MEAL SERVED
AND SHARED WITH FAMILY & FRIENDS!

Why is it important to eat a Family Meal?

Provides an opportunity for
quality time

Provides a good model for healthy
eating

Passing down cultural and family
identity



TEXAS A&M
AGRI LIFE
EXTENSION



GET INTO THE HABIT OF HEALTHY!!!!

Walk Across Texas! is a FREE, 8 week program, designed to help Texans establish the habit of regular physical activity. Since 1996, thousands of Texans have participated in Walk Across Texas!

to learn more go to
walkacrosstexas.tamu.edu

*MAKE 2018 YOUR
BEST YEAR
EVER !!*



FAMILY & COMMUNITY HEALTH

BUDGETING TIPS

Spend Less than you Make—it sounds easy, but for many people it's harder than it seems. Online money management tools are everywhere, but before you get the tools you have to establish a budget. Track your spending so you understand where you're currently spending money and make changes if you're overspending.

Reduce Your Debt - Once you have established a budget, work on reducing your debt. Start paying off the debts with the highest interest rate first, regardless of the total balance. Make sure to pay the minimum monthly payments on all of your debt, but try to put a bigger chunk of cash toward the debt you're working to eliminate. Once you've completely paid off one debt, move on to the next. Watch your debt dwindle away.

Be Prepared for the Unexpected - The number one budget killer is an unanticipated event. If your pet needs emergency vet care or if your car breaks down and you don't have an emergency fund set aside you could completely blow your budget or start racking up your credit cards again. Work on setting aside three to six months worth of your living expenses in an emergency fund. Start small to

get used to saving. Set aside \$10 a week and bump up the amount you contribute as you feel more comfortable with saving.

Save for the Future - If you take a "set it & forget it" mentality with your 401K, make actively managing your retirement part of your goal for the New Year. A big part of personal finance budgeting is planning for the future so make sure you increase your 401K contribution by whatever your salary increase is for 2018. An easy way to do this is by setting your contribution as a percent of your pay rather than an exact dollar amount. This way, any shift in pay will also result in a change in your 401K contribution.

Making personal finance budgeting a priority for the New Year is a resolution that, with a little work, should be easy to stick to. Remember to look for ways to save in every aspect of your life. You'll be pleasantly surprised when the work you've been putting toward your budget starts to pay off. In a few months, it won't even feel like work any more. Budgeting will become a natural part of your life & you'll be enjoying a better financial future.



Our Extension office
will be closed on
Friday, March 2nd &
Friday, March 30th
in observance of
these holidays





4-H NEWS

FORT WORTH
**STOCK SHOW
& RODEO**
est. 1896
THIS THING IS LEGENDARY®

San Antonio
Stock Show & Rodeo®

HOUSTON

COMING UP SOON! BE PREPARED!

January 9th - Poultry Workshop 6 p.m. - Courthouse Annex

January 13th - Lamb & Goat Clinic - 10 a.m. - Livestock Arena

January 25th - Pig/Swine Clinic 5:30 pm -Livestock Arena

**County 4-H Roundup
&
Share the Fun Work-
shop!**



Education Presenta-
tions:

a demonstration of
your knowledge and
skills in certain project
area

Public Speaking

organize & present a
speech on a topic of
your choice

Share the Fun

Choreographed rou-
tines, solo/band perfor-
mance, musical/
instrumental, poetry/
prose, dramedy or
vocal



Thursday, February 15th

5:30 pm to 7:30 pm

County Extension Office

Sign up by February 2nd!!!



Jasper County
4-H Clothing Workshop
Duds to Dazzle
Saturday, January 27, 2018
9 am to 2 pm
Sign up by Friday, January 12th



Garden Checklist for January/February

by Dr William C Welch, Professor & Landscape Horticulturist, Texas A&M Agrilife Extension

Now is an excellent time to transplant mature or established trees and shrubs while they are dormant

Make flower & vegetable garden plans now before the rush of spring planting. Time spent in armchair gardening before the fireplace will pay off in improved plant selection. Besides, it is fun to page through the garden catalogs.

Sow seed in flats or containers to get a jump on plant growth before hot weather arrives. Petunias, begonias and impatiens should be sown in early January. Warm temperature plants, such as tomatoes, peppers, marigolds and periwinkles should be sown in late January or early February

Apply a light application of fertilizer to establish pansy plantings. Use one-half pound of ammonium sulfate per 100 square feet of bed area. Repeat the application every 4 to 6 weeks, depending on rainfall. Dried blood meal is also an excellent source of fertilizer for pansies.

Prepare beds and garden area for spring planting.

Select and order gladiolus corms for February/March planting. Plant at 2-week intervals to prolong flowering period.

The life of the plant received as a Christmas gift can be prolonged with proper care. Keep the soil moist, but provide drainage so that excess moisture can flow from the pot. Keep the plant out of range of heating ducts and away from heating units. Keep in a cool room at night, preferably at 60 to 65 degrees F.



SAVE THE DATE

LAST CHANCE VIDEOS

PRIVATE APPLICATORS LICENSE & REQUIRED CEU'S



Wednesday, February 28th

at the

Jasper County

Courthouse Annex

271 E Lamar St

Jasper, Texas 75951

Cost is \$30.00

This does include lunch

Includes 1 1/2 hours law & regulation

1 1/2 hours IPM

(required CEU's)

Total of 8 hours credit



PLEASE RSVP BY FRIDAY, FEBRUARY 23rd 409-384-3721

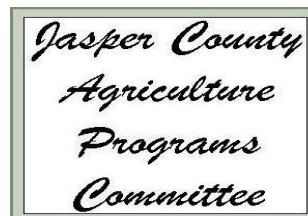
LOCAL MASTER GARDENERS &

MASTER NATURALISTS

ARE AVAILABLE FOR EDUCATIONAL PROGRAMS
FOR SCHOOLS, CLUBS AND CIVIC ORGANIZATIONS,
AS WELL AS TOURS AND PROGRAMS AT THE
OUTDOOR LEARNING CENTER, SANDY CREEK PARK
AND MASTER GARDENER GREENHOUSE.

CALL OUR OFFICE AT 409-384-3721





PASTURE WEED PROGRAM



TUESDAY, FEBRUARY 27, 2018 @ 6 P.M.

at Gateway Tabernacle Activity Center

22690 US HWY 96, Kirbyville, Texas

COST (INCLUDING MEAL) \$10.00

Guest Speaker will be

Scott Nolte, Associate Professor &

State Extension Weed Specialist

RSVP by Friday, Feb 23rd—409-384-3721



SCOTT NOLTE

Provisions from the American Disability Act will be considered when planning educational programs and activities. Please notify the Jasper County Extension Office at 409-384-3721, 5 days before an event if you plan on attending an Extension educational program and need specialized services. Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating